

2023-2024 Ridgewood Rebels Recreation Basketball Programs

Register on Community Pass Starting November 2nd!

<u>Pre-K – 12 Special Needs All-Stars</u>

Season: Sundays from 9am-10am; January thru February 2024 Eligibility: Girls' and boys' special needs students in grades Pre-K-12

Coaches: Program volunteers and special guests

Program Desc: Special needs basketball program for Ridgewood and non-Ridgewood residents

Cost: \$35 includes t-shirt, basketball and participation trophy

Location: Benjamin Franklin Middle School Gym Contact: Cara Murray (murrayc@hlcmail.com)

Bovs & Girls Grades 1-2 Rec Clinic:

Season: Saturdays late morning; January thru February 2024

Eligibility: Boys and Girls grades 1-2 (Ridgewood elementary school students and Ridgewood residents)

Max of 40 players per grade

Coaches: Rebels coaching staff and volunteers

Program Desc: Introductory basketball program run clinic style; Girls and boys will be introduced to the

fundamentals of basketball with an emphasis on fun and early skill development

Cost: \$160 includes t-shirt and basketball Location: Benjamin Franklin Middle School Gym

Contact: info@ridgewoodrebels.com

Girls Grades 3-4 Recreation Basketball League

Season: Weekday practice starting mid-December; Games on Saturday afternoons, January-February 2024

Eligibility: 3rd and 4th grade girls (Ridgewood elementary school students and Ridgewood residents)

Coaches: **Volunteer coaches needed**

Program Desc: Recreational Basketball Program with 1 practice a week and 1 game a week where 3rd and 4th

grade girls can learn the game of basketball and have fun doing so

Cost: \$225

Location: Practices TBD, Games at Benjamin Franklin Middle School Gym

Contact: info@ridgewoodrebels.com

Girls Grades 5-6 Recreation Basketball League (New!)

Season: Weekday practice starting mid-December; Games TBD, January-February 2024

Eligibility: 5th and 6th grade girls (Ridgewood elementary school students and Ridgewood residents)

Coaches: Volunteer coaches and League Commissioner needed

Program Desc: Recreational Basketball Program with 1 practice a week and 1 game a week where 5th and 6th

grade girls can learn the game of basketball and have fun doing so

Cost: \$225

Location: Practices TBD, Games TBD Contact: info@ridgewoodrebels.com